

RFRK Pantry List

Pantry Item	Unit	Unit Price	Pantry Item	Unit	Unit Price
Baked Goods & Breads			Cereals, Crackers & Crisps		
Cocoa-Beet Loaf	Loaf = 10 slices	\$9.99	Granola	1 bag = 250g	\$4.99
Oatmeal Cookies	12 pieces	\$8.50	Organic Strawberry Granola*	1 bag = 284g	\$6.99
Raisin & Seed Oaties*	12 pieces	\$8.99	Brown Rice Cakes*	1 bag = 120g	\$3.99
Cranberry Bars	1 bag = 15 pc	\$9.98	Organic Multigrain Squares	1 bag = 250g	\$3.49
Mini Organic Lemon Cookies	1 box = 340g	\$7.99	Organic Super O's*	1 bag = 250g	\$3.99
Whole Wheat Pitas	1 bag = 10 pitas	\$4.00	Organic Brown Rice Blossoms*	1 bag = 250g	\$4.99
Gluten-free Choco-Chip Cookie*	1 piece	\$1.99	Cracked Wheat Crackers	1 box = 300g	\$4.99
Fruits & Vegetables*			Himalayan Salt Crackers*	1 bag = 120g	\$6.29
Apple	1 piece	\$0.89	Tortilla Crisps*	1 bag = 397g	\$5.45
Pear / Orange	1 piece	\$1.20	Pita Crackers	1 bag = 142g	\$5.49
Baby Carrots	1 bag = 340g	\$2.99	Purple Corn Popcorn*	1 bag = 136g	\$5.49
Cucumber Slices	500g	\$6.99	Dips & Spreads*		
Dairy & Dairy Substitutes*			Hummus	240ml	\$3.99
Cheese Block	230g stick	\$8.99	Applesauce	620ml	\$3.99
Organic Soy/Rice/Oat Milk	946ml	\$3.99	Apple Butter	275ml	\$3.99
Shelf Stable Contingency Food					
Organic Chicken + Rice Soup*	Case of 12 cans = 24 servings	\$52.76	Triple Bean Chili* (Vegan)	Case of 6 cans = 12 servings	\$21.00
Beginner Foods, 6+ months					
Creamy Oatmeal	1 bag = 227g	\$6.44	Hearty Veggie & Turkey Purée	Case = 16 x 128ml	\$51.00
Banana Apple Kale Purée	Case = 12 x 128ml	\$29.00	Vegetable Beef & Barley Purée	Case = 16 x 128ml	\$51.00
Simply Banana Purée	Case = 12 x 128ml	\$29.00	Sweet Potato Apple & Chicken Purée	Case = 16 x 128ml	\$51.00
Simply Pear Purée	Case = 12 x 128ml	\$29.00			

*Made without gluten

Updated February 2024

To place an order, use our [online Pantry Order Form](#),
or contact your Client Experience Coordinator.

