

fuelling healthy futures™



mini pizza

the real food promise

real food with real ingredients:



- no artificial: colours, flavours or sweeteners
- no added nitrates or nitrites
- whole grains used throughout the menu



wild Skipjack tuna & Canadian salmon, sustainably-sourced & MSC-certified

proudly from Ontario:



organic or raised without antibiotics poultry, pasture-raised beef without added hormones or routine antibiotics*

*some exceptions may apply to accommodate religious needs



dairy products & organic tofu



local fruits & veggies prioritized

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- ingredients sourced without GMOs
- committed to reducing the carbon footprint of our menus



globally & culturally inspired dishes

peanut & tree nut free

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march 2026 menu

	monday	tuesday	wednesday	thursday	friday
am snack	2 pear inf: apple-mango-beet purée whole grain squares milk	3 melon apple-cinnamon morning round milk	4 pear inf: apple-mango-beet purée go bananas cereal milk	5 applesauce carrot muffin milk	6 apple hard boiled egg brioche bite
pm snack	cucumber onion bread cream cheese	baby carrots inf/tod: steamed green beans brown rice cakes dilly dip	yogurt parfait honey yogurt inf: plain yogurt cinnamon granola inf: mini-moon biscuit apple	apple sourdough crackers inf: organic crispbread crackers beany basil dip	banana roll up whole wheat wrap inf: multigrain pocket bun cocoa hummus banana
am snack	9 apple brown rice cakes organic raspberry fruit spread milk	10 pear inf: apple-mango-beet purée vanilla maple yogurt inf: plain yogurt go bananas cereal	11 apple cinnamon granola inf: go bananas cereal milk	12 orange raisin & seed oatie milk	13 pear inf: apple-mango-beet purée cinnamon granola inf: apple pie snacking rounds milk
pm snack	tomato bruschetta cheddar or mozzarella cheese roasted red pepper loaf	apple organic crispbread crackers hummus	orange mini organic lemon cookies inf: mini-moon biscuit milk	apple whole wheat raisin bread maple soft cheese	baby carrots inf/tod: soft carrots tortilla crisps inf/tod: cracked wheat crackers tomato salsa
am snack	16 apple whole grain squares milk	17 orange brioche bite milk	18 pear inf: apple-banana purée go bananas cereal milk	19 super smoothie vanilla maple yogurt inf: plain yogurt mango purée banana raisin & seed oatie	20 apple cranberry-orange morning round milk
pm snack	melon apple pie snacking rounds milk	bell pepper inf: sweet potato- bell pepper purée cracked wheat crackers dill soft cheese	mini pizza frena bun marinara sauce shredded cheddar	apple apple beet loaf milk	baby carrots, broccoli & cauliflower inf/tod: roasted sweet potato brown rice cakes golden miso dip
am snack	23 applesauce brioche bite milk	24 kiwi whole wheat raisin bread apple butter milk	25 pear inf: apple-mango-beet purée go bananas cereal milk	26 mango whole wheat blueberry scone milk	27 pear inf: apple-mango-beet purée cinnamon granola inf: apple pie snacking rounds milk
pm snack	pear inf: apple-mango-beet purée cheddar or mozzarella cheese cracked wheat crackers	egg wrap whole wheat wrap inf: multigrain pocket bun hard boiled egg picklicious spread	apple vanilla maple yogurt inf: plain yogurt apple pie snacking rounds	baby carrots inf/tod: soft carrots cheddar or mozzarella cheese sundried tomato pasta salad	apple whole wheat mini bagel red pepper hummus

inf/tod = infant/toddler substitute

milk and/or water are offered with all snacks