

RFRK's Veggie Buddy Naming Contest Rules & Eligibility

- No purchase necessary.
- Must be 18 years or older.
- Must be a resident of Ontario.
- Contest runs from **August 19th – August 26th** on Instagram, with entries (name ideas in comments) accepted until **August 26, 11:59pm**.

Eligible winner must complete the requirements as stated in the contest posting:

- Must follow **@realfoodforrealkids** on Instagram.
- Must **like** ❤️ and **repost** 🔄 the post featuring the veggie buddy they wish to comment a name idea for, or both.
 - Eligible winners are welcome to submit name ideas for **both** the Carrot and Pea Pods Buddies, but **can only win one prize**.
- Winning names will be chosen by a panel of RFRK judges based on creativity, originality, and how well they capture each Veggie Buddy's personality.
- A different winner will be drawn if they have won a prize from a recent RFRK contest within the past year.
- Eligible contestants must correctly answer a skill-testing question to be declared a winner.
- One winning name will be chosen from both the Carrot Buddy post, and the Pea Pods post:
 - Winner #1 will be rewarded:
 - a \$100 gift card from Spatula Foods
 - A piece of custom, exclusive, one-of-a-kind RFRK swag featuring the official Buddy with their winning name
 - Winner #2 will be rewarded:
 - a \$100 gift card from Mama Earth Organics
 - A piece of custom, exclusive, one-of-a-kind RFRK swag featuring the official Buddy with their winning name

This contest is not sponsored, endorsed, administered by, or associated with Instagram or Meta.

